

So Simple Any Addict Can Do It

# BACK TO THE GREY BOOK

LINE-BY-LINE

STUDY GUIDE

I believe that we as a Fellowship are guided by a greater consciousness, a loving and caring God.

- Over 35 Years Later - The Author of "Back To The Basic" Has Done It Again -  
From My Kitchen Table To The World

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**Purpose:** “Back To The Grey Book” has been written to aid and encourage members of Narcotics Anonymous in the study of our historical soft-bound 1981 Grey Book Manuscript. This has been done by providing a simple line-by-line text study to guide us through each of the Twelve Steps and Twelve Traditions.

**Background:** Personal Inventory Sheets were useful tools in the early days when all we had was the “Little White Book” and A.A. Fellowship literature to read and study in our meetings. Finally our Fellowship published our first written program in 1983, the Blue Basic Text. The problem many addicts like myself found was now that we have our Basic Text, what do we do with it? Many of us had no clue how to use the Basic Text to learn how to understand and apply the Twelve Steps and the Twelve Tradition to our lives. That’s why out of necessity over 35 years ago I sat down at my kitchen table and wrote “Back To The Basic” Study Guide. I tried to do the right thing for the right reason, so I submitted it to the book publishing company. Upon my refusal to sign any papers the book publishing company rejected the study guide and threatened me with a law suit. I was served a certified legal court order to cease and desist from any and all activity involving the Narcotics Anonymous Basic Text. My lawyer told me if I put the words, **“This material is copyright protected and may be reproduced for personal use of any member of Narcotics Anonymous but may not be reproduced for sale or profit”** on the front page then the book publishing company could not legally sue me. So I did that and my verbal response to this BIG book publishing company person was, “If this work is not of God it won’t get off the ground; but if Back To The Basic is of God, no power on Earth can stop it.”

Since January 1985, Back to the Basis has gone from my kitchen table to over 160 countries in the world and is being used by members of Narcotics Anonymous since that time. That book publishing company has not made one red cent off this piece of N.A. literature. We are using Back To The Basic as a guide in the study of our Twelve Steps and Twelve Traditions. Back to the Basic was written so simply that any addict can use it. The 1982 (edited in 1992-93) personal inventory sheets that were used before the Blue Basic Text was published are included in the Back to the Basic. However, the primary purpose of Back to the Basic is to study the contents of the existing literature, not to create a new piece of literature. This was done by asking questions that focus only on the literature. Not asking questions which would lead the addict to inventory and write about ourselves. “Back To The Basic” was written in a spirit of love and service as a faithful trusted servant of Narcotics Anonymous. “Back To The Grey Book” is also a labor of love written in the same spirit in the same simple question and answer format. One exception being, “Back To The Basic” is a paragraph-by-paragraph study guide while the “Back To The Grey Book” is a line-by-line, word-by-word study guide.

Unlike the 1999 publishing of the approved NA Step Working Guide known as the Green and Gold Flatbook, “Back To The Grey Book” is not a written Twelve Step personal inventory guide for individual addicts. I experienced the Flatbook guide over 18 times in doing my personal recovery step work cycles. I learned some profound sayings that were not in the Basic Text. I wrote about myself after reading a few paragraphs. I did not feel the therapeutic value of one addict helping another during the table top recovery. I definitely did not feel the atmosphere of recovery when I went over it with my sponsor. I started itching and scratching with 16 years plus clean time each time while working with the Flatbook and I did feel like I needed a fix, pill, drink, hit, suck, spike, drag, toke or more NA meetings. I felt absolutely nothing spiritual, and learned nothing regarding our Twelve Traditions. Where there are no Traditions there is no unity. The Twelve Traditions are the ties that bind our Fellowship together and keep us focused on the message of our Primary Purpose, “an addict any addict can stop using drugs, lose the desire to use, and find a new way to live.”

The bottom-line is if we do not abide by our Twelve Traditions the Narcotics Anonymous Fellowship might not survive the disunity. This is a Spiritual not a Political Fellowship. When Fellowship members fight we are diverted from our Primary Purpose, groups shutdown and addicts die. If we do not practice the "each one teach one" approach to the Twelve Traditions our Fellowship will not gain the endless benefits from their wealth of knowledge.

In this Grey study guide an addict is asked questions about the actual text of each Step and Tradition word-for-word, line-by-line. Then the addict writes the "Back To The Grey Book" answer followed by sharing his/her experience, strength, and hope as he/she identifies with our predecessors' experience, strength and hope. The miracle of recovery happens when the honest sharing starts. The Blue Basic Text teaches us that the atmosphere of recovery (the power of God) happens when two or more addicts come together and honestly share their experience, strength, and hope.

I have seen the evidence and power of two or more addicts honestly coming together and sharing their experience, strength, and hope using the "Back To The Grey Book" Line-by-Line Study Guide. I have experienced the eureka moments of clarity occur before my very eyes as the atmosphere of recovery moved while doing Grey Book one-on-one table top recovery. This sample group consist of addicts ranging in clean time from → still using to 6 days clean → 3 - 6 - 15 months clean → 2 - 5 - 12 - 21 - 25 - 27 - 28 - 29 - 32 - 38 - 40 years clean. It was so funny the using addict was claiming 3 years. I knew she was using but I went along with our table top recovery anyway. I could tell her conscience was eating her alive. She kept on writing, showing up, and we kept on sharing. Finally she couldn't lie any longer. She admitted she didn't have 3 years she only had 4 months clean. I laughed out in JOY when she finally came clean because her family and I were just praying and waiting for her moment of truth. Here is the real recovery hit! The table top step work we are doing together is so powerful she was not only able to stop using during this step process. She has also been able to stay stopped now for 7 months. The other recovery hit is that she changed from being a liar to a truth-teller right before my very eyes.

I gotta be honest with you guys, "Back To The Grey Book" has not been Conference approved. However it has been Addict proven and it does work. The Grey Book 1981 Manuscript is awesome. Give yourself a break and study it.

In Loving Service, Antoinette Bishop  
Spotsylvania, Virginia

**Author's Notes:** The first eleven step study guides range from 24 to 45 questions and the Twelfth Step has 206 questions. The 12 tradition study guides range from 18 to 55 questions. Step One in the Grey Book does not reveal to addicts the 11 feelings and behaviors to help us recognize when the disease of addiction is running and controlling our lives: "denial, substitution, rationalization, justification, distrust of others, guilt, embarrassment, dereliction, degradation, isolation, and loss of control". It does not tell us "we are not responsible for our disease, but we are responsible for our recovery". Step Twelve in the Grey Book does not contain the 12 Spiritual Principles that make our recovery possible. Recovery is an active change in our attitudes, our ideas, and our behavior. This valuable information is in our Blue Basic Text where the Twelfth Step teaches us the 12 spiritual principles that make our recovery possible are: "Hope, Surrender, Acceptance, Honesty, Open-mindedness, Willingness, Faith, Tolerance, Patience, Humility, Unconditional Love, and Sharing & Caring". The point I am making is that the Grey Book is awesome in its own right, but I would not suggest that we N.A. members discard the Blue Basic Text for the Grey Book. I love that the Grey form is raw, uncut, and uncensored literature written for addicts and by addicts. After using the Blue text and Grey book, I believe both to be informative powerful recovery tools to help us identify, understand, and apply our predecessors' experience, strength, and hope today.

The Grey Book does not teach us the 12 spiritual principles that make our recovery possible in its 18 pages or anywhere else in that book. Grey Twelfth Step is so long that it resulted in 206 questions. The first part of Step Twelve, "Having had a spiritual awakening as a result of these steps", from Step One through Step Eleven the Grey Book Twelfth Step summarizes each step, what we should have learned spiritually, and what we should be practicing from each step in all our affairs daily. Just before the Grey book goes into detail of all 11 steps, Step Twelve teaches us how we are to carry this message to addicts. This step was exhausting, but it was worth the effort.

N.A. literature is any literature that is written by any member of Narcotics Anonymous. I am a member of the NA Fellowship. My clean date is January 25, 1982. I have not remained anonymous as the author of Back To The Basic and Back To The Grey Book because in spite of copyright laws, the classic Back to the Basic that is being used by members of Narcotics Anonymous Fellowship now for over 35 years was stolen. The Webmaster\_\_\_\_\_domain.com recorded that on July 19, 2004 an addict, whom shall remain nameless, posted Back to the Basic in their Ohio domain on a NA website with -by Greg P. typed in as the author at 11:49 p.m. Also, the addict added the line "This document was created by Greg Pierce".

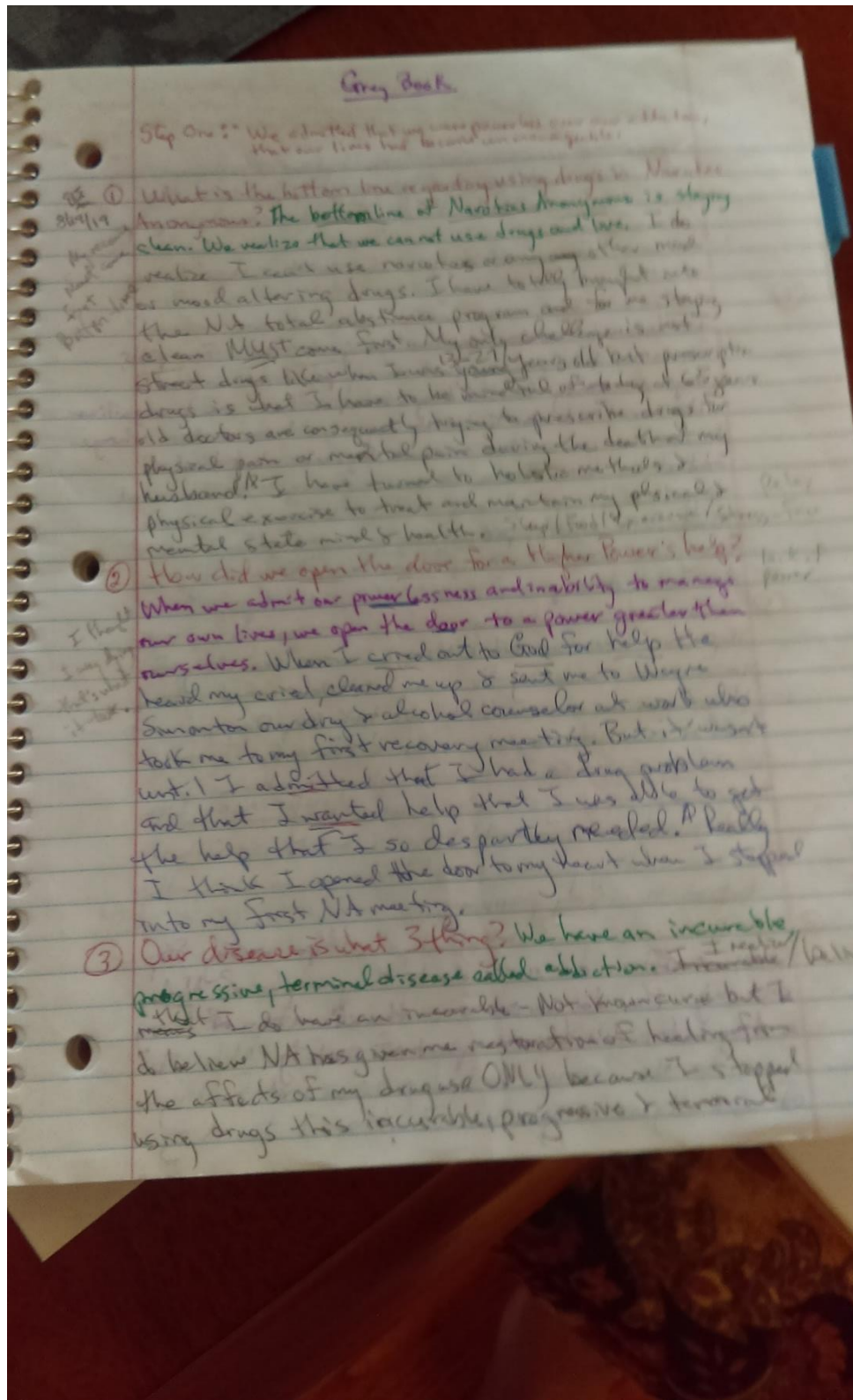
N.A. is an honest program, but these lies and this theft worked out for our Fellowship's greater good. Why? Because this is how Back to the Basic went from being circulated by "snail-mail" and ended up on the world-wide Internet Website for the very first time. Around 2013 an addict who is an NA historian from Tennessee said Lois, Greg Pierce's widow confirmed that her husband Greg P. did not write Back to the Basic. This addict was searching for the true author of Back to the Basic and a miracle happened. One day this wonderful addict contacted me on my private cell phone and called me by my name. He said he had been searching for me for over 12 years and he had finally found me. After our conversation, he posted Back to the Basic on the Upper Cumberland Area of Narcotics Anonymous website where it got even more world-wide exposure to members of our Narcotics Anonymous Fellowship. Ninety-Eight countries of our NA Fellowship members in South America have been using Back to the Basic Study Guide for years. Recently, the Baja-Son Region of South America submitted 2019-06 WSC-2022 motioned to Fellowship approve Back to the Basic. This motion did not pass, however Back to the Basic got more notoriety where it's now getting over 3,000 hits a day at [www.nauca.us](http://www.nauca.us). Also on June 20, 2018, Back to the Basic was posted on <http://www.nabyphone.com/loving-our-long-timers.html>. Later, on March 9, 2019, Lois, Greg Pierce's widow reaffirmed that her husband did not write "Back to the Basic". Also, Lois graciously supported me, Antoinette W. Bishop as I spoke on Back to the Basic at the 2019 Super Speakers Fest held in Atlanta, Georgia.

**The Recipe:** Are you sick and tired of COUNTERFEIT recovery? The misinformed informing the misinformed. Then you are ready to follow this simple easy Grey Recipe. This Recipe will show present day members of Narcotics Anonymous how to experience our first historical written program the Grey Book 1981 manuscript in RAW, uncut, and uncensored form. Exactly as it was written for addicts and by addicts. Grey Book Study meetings are popping up all over the world. Table-top Grey recovery between sponsor and sponsoree has reached a whole new level of freedom from active addiction. Why? Because in the Grey study guide the ME becomes the WE... I get loaded but we stay clean.

Through these experiences of addicts who have actually used this line-by-line Grey Study Guide, we have learned how valuable it is in studying and writing to make carrying out our Primary purpose more plausible. The addicts who have experienced Grey studying and writing on the steps and traditions agreed that going Grey is definitely an easier, softer way than the ways and means to get more. Thank You predecessors for your labor of love in showing us addicts the N.A. way to a proven drug-free lifestyle. Please Note: Table top recovery may be done in person or on the phone.

1. So let's get started by orally reading the entire Step with another addict, preferably our sponsor.
2. Then the sponsor reads the question. Both sponsor and sponsoree pencil in the answers together on the first few lines in the Grey Book. Then move directly on to the next few lines. Do the same thing until all questions for that Step have been answered question-by-question, line-by-line, in the Grey Book together.
3. The sponsor and the sponsoree then completes the writing assignment alone using a blank notebook. First write the question. Secondly, write the Grey Book answer line-by-line, word-for-word. Finally, the sponsor and the sponsoree identifies and writes down his/her personal experience, strength, or hope relating to the Grey Book answer. Then move down to the next question.
4. The sponsor may meet with the sponsoree weekly or bi-weekly to go over the work-in-progress. It is not a good idea to wait until the questions are all answered. It is suggested to come to the table for an hour each week or twice a month until the "table top sponsor-sponsoree" work is completed. Now you are ready to move on to study the next Step question-by-question, line-by-line.
5. Both the sponsor and sponsoree pull out their written work and place it on the table.
6. During the sponsor-sponsoree table top meeting the sponsor reads the question; the sponsoree responds by reading the Grey Book answer.
7. Then the sponsor prompts the sponsoree to share his/her related personal experience, strength, or hope.
8. Then the sponsor shares his/her related written personal experience, strength, and hope with their sponsoree. Hopefully, followed by a brief sharing exchange.
9. The sponsor goes to the next question until the study of that Step or tradition has been completed.

**See Example - Next Page**



# THE TWELVE STEPS



**STEP ONE: "We admitted that we were powerless over our addiction, that our lives had become unmanageable."**

1. What is the bottom line regarding using drugs in Narcotics Anonymous?
2. How did we open the door for a Higher Power's help?
3. Our disease is what 3 things?
4. Does it matter what or how much we used and why?
5. How were we when we hit bottom until we took Step One?
6. What happens upon working Step One?
7. When we went to meetings were we skeptics who needed proof?
8. Did we find people like us in the meetings?
9. During the meetings what did we understand and believe?
10. What did we know in our hearts about drugs?
11. What did we want to learn?
12. Taking Step One what did we have to admit and continue doing?
13. Do we have long term power and control over using drugs?
14. What were somethings drugs had the power to change us into?
15. What does Step One mean in this paragraph?
16. What does surrender mean?
17. Did we realize that our lives had become unmanageable?
18. What is the way we recover?
19. After struggling when did we become willing?
20. What pain caused us to surrender?
21. As we got clean and worked this Step what happened to us and the hole in our gut?
22. Do the Steps work by magic and are just saying the words enough?
23. Was getting clean easy? Was this program complicated?
24. Why do we hug?
25. What happens when we read this book and attend meetings?
26. What counts?
27. Were we willing when we first came into this Fellowship?
28. What were the three types of pain that caused us to become willing?
29. We had to change our old familiar ways and thinking or go back to what?
30. What was required to make the program work for us as it had worked for others?
31. What made us try to change?
32. What made our walls begin to crumble?
33. What did we do to justify the mess we made of our lives?
34. The help came after we could truly admit what?
35. What happened when we used our self-sufficiency and will power?
36. When things got really bad did sheer will power work?
37. What were some of the other remedies we tried and failed?
38. Was our unaided will enough when we quit?
39. What caused us to begin to recover from addiction?
40. What marks a successful day in NA?
41. What do we quit doing and what do we become willing to do?
42. As beaten addicts could drugs help us?
43. Our own actions resulted in what?
44. We found hope and that the Steps of the Program could do what?
45. What else did we find and what were we rescued from?

**STEP TWO: "We came to believe that a power greater than ourselves could restore us to sanity."**

1. What is the disease?
2. Is it insane to buy street drugs or legal prescriptions on the time plan?
3. What is the one thing we all in N.A. have in common?
4. A fix or a legal prescription, ultimately what is the price we pay?
5. What do we believe would be insane to say?
6. You should have no trouble with the Second Step if you agree with what?
7. What is important to achieve any sort of ongoing recovery?
8. What need does the First Step leave in us?
9. What may be insufficient to give us recovery?
10. Did our belief help us in active addiction?
11. What attitude and instinct do we have about drugs and sanity?
12. When we open our minds what evidence do we begin to see?
13. What will we admit and come to understand?
14. What is helpful in the beginning of our belief? Why?
15. What is the only thing we emphasize about your Higher Power?
16. What fact must we accept in order to experience Step Two?
17. Is the collective Spiritual Power greater than the power of one alone?
18. You don't have to be religious just open your mind and what will you see?
19. Does it matter what we call this power for it to help addicts?
20. We begin by simply admitting to what possibility?
21. What did we discover from the very beginning?
22. Is there a destructive and constructive power greater than ourselves?
23. What causes mysterious miracles and the gift of recovery?
24. What will you gain from the guiding spirit of all living things?
25. What is the gift we receive for the price of acceptance?
26. Some power was suppling and giving us what?
27. What do many of us come to believe about the force of life?
28. When we see H.A.L.T.S. in our daily maintenance what do we do?
29. What is sanity? Restored to sanity as far as what?
30. When the urge to use occurs what must we remember?
31. How did we deal with our emotions?
32. Can H.A.L.T.S. maintenance help us?
33. How do most addicts feel about their Higher Power?
34. Where does the strength to move into action come from?
35. How do we get and receive help?
36. When are we ready for Step Three?

**STEP THREE: "We made a decision to turn our will and our lives over to the care of God as we understood Him."**

1. As practicing addicts what controlled us and our choices?
2. What were we trapped by and what happened when we got drugs?
3. What was dominated by the drug?
4. How was it in the early stages?
5. Ultimately what happened and what did we often find?
6. What two choices did we face?
7. What happens when there is no longer a choice?
8. Did our way work? In utter desperation what did we do?
9. What are we told in Narcotics Anonymous?
10. Do we have to be religious?
11. What is required and what do we have to lose?
12. What does it take if we only believe what our own eyes see?
13. What if the word God bothers you?
14. How do the Steps work?
15. What are the N.A. Steps easier to live than?
16. What do we guarantee you if you want to stay clean?
17. What did we find we needed to do?
18. What happened when we gave our best effort to the program?
19. What does the Third Step say and what doesn't it say?
20. Who makes decisions now and who doesn't make decisions anymore?
21. For the first time what happened?
22. What do you simply understand God to be?
23. Even if it makes you feel stupid what can you ask that Power?
24. It will work when we do what?
25. How do many of us start our day?
26. Using the N.A. program what results in the release by letting go and letting God?
27. What do we simply recognize in the Third Step?
28. Every action we took using drugs what were we trying to get?
29. When we turn to God what do we learn?
30. Is what we noticed fast or slow?
31. Why did we turn to drugs?
32. Does one of life's greatest problem go away just because we stop using?
33. What living problems do we continue to have?
34. How do these problems appear now without anesthesia?
35. At these times in recovery why do we not lose heart?
36. Why are we no longer bogged down by addiction?
37. What are we now a part of?
38. What are we no longer fighting?
39. What is the magnitude we discovered in Step Three?
40. What is now possible for us and addiction is no longer what?
41. What are we slowly beginning to lose and where are we beginning to walk?
42. What are we beginning to gain regarding our mood-swings?
43. What price do we pay to learn to stop fighting and learn to live?
44. What have we come to enjoy?
45. Can we pause now in our program and what are we ready for?

**STEP FOUR: We made a searching and fearless moral inventory of ourselves.**

1. As using addicts were we honest and what does Step Four help us see?
2. What do we admit when we begin to get honest?
3. Are we going to recover overnight?
4. What does this step help us to do and what were we surprised to find?
5. What was Step Four in the lives of some people with time in the program?
6. What mistake did we make regarding the purpose of the Fourth Step?
7. What are we trying to do and gain in this step?
8. What can be quite harmful?
9. What must we do with guilt and the past so we can live in today?
10. What have we been afraid of and why?
11. Do you have to do this alone in your own strength?
12. It is impossible to write a thorough honest inventory?
13. What do we do before writing?
14. If you write with a particular person in mind what will happen?
15. What about the Fifth Step?
16. What is advisable to go over with your sponsor and why?
17. Don't be driven, allow yourself the privilege to do what?
18. We have been trashing about but now what are we going to do?
19. What if the word moral bothers us as we begin the inventory?
20. What is the way to write an inventory? What will not get an inventory written?
21. How can we compare changing and examining ourselves with that of a grocer?
22. What is important to remember?
23. What is the rule of thumb and how do we know when we are finished?
24. Do we have reservation and what is inventory material?
25. What do we do to help reveal defects that cause us pain and suffering?
26. What do we pray for and why?
27. How did we live as using addicts?
28. What do we want in our new life?
29. What are we really afraid of?
30. What do we write down and examine the depths of?
31. What will the answers show regarding our demands?
32. Ultimately, what did most of us find about ourselves and everyone else?
33. What are the greatest benefits of the strength of the Fellowship?
34. What can this Fourth Step be?
35. What is this step's reputation and what is it in reality?
36. As recovering addicts how do we reach a greater level of comfort?
37. What must we stop if we want to feel good?
38. Since we are not going to be perfect what is important for us to do?
39. Why do we use the tools made available to us?
40. What has been our experience no matter how thorough our inventory is?

**STEP FIVE: We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**

1. What do we have to deal with after taking a Four Step inventory?
2. What do we have to decide and what could lead us back to using?
3. What must we be aware of and what will hold us back from taking part in this new way of life?
4. What result will we have if we don't really get honest?
5. What will be with us to help?
6. What do many of us fear?
7. What seemed unnecessary to some of us?
8. What admission will help us to believe?
9. For years what did many of us avoid and why?
10. Now that we have this shameful past trapped what can we do?
11. What would be tragic?
12. What did we fear and what had we already done to ourselves?
13. Because of self-centeredness what didn't we realize?
14. Before coming to Narcotics Anonymous how did we feel?
15. What did we quickly realize?
16. Is there a hard rule about choosing the person to hear our Fifth Step?
17. What can make us willing to be thorough in this Step?
18. Why do most of us feel comfortable choosing a fellow member of N.A.?
19. What do other people do and why?
20. No matter whoever we select what must we be certain of?
21. What amazed us and what did we never know?
22. This a life or death matter so what must we do once we make up our minds?
23. There is a danger that we will do what?
24. What is a luxury we can't afford?
25. What must this step cut into and expose? Will these things reveal themselves?
26. We do not procrastinate, what isn't easy to do?
27. What will we never be able to do in our first spoken inventory?
28. What can we choose to do and for now what will we try to do?
29. Unfortunately for many years what did we cover up?
30. What has to go although we often appeared attractive and confident on the outside?
31. How did we feel once we had taken this Step and why?
32. What was a great relief?
33. What usually happens as we share this Step and what do we find?
34. What do we see in the eyes of our confident that can happen?
35. Facing things revealed in our examination of ourselves makes what possible?
36. What do we realize now that these things are out of the closet?
37. Do we need help or can we make these changes alone?

**STEP SIX: We were entirely ready to have God remove these defects of character.**

1. What did we have to admit in the First Step?
2. In examining ourselves what did we discover?
3. What do we recognize that we must change if we are to grow?
4. Can we do it ourselves?
5. What deadly poisons do we really want to be rid of?
6. What do many of us cling to and why?
7. What cannot give us new lives, so how do we let go of character defects?
8. How should we approach old defects and what have they kept us from?
9. What should we be grateful for?
10. What can we do when we see how our defects exist in our lives?
11. What do we ask our friends in the Fellowship and what was their answer?
12. What is important to remember when we are working Step Six?
13. Should we be serious? What is the spiritual principle of this Step?
14. Being human what will happen and we are now willing to do what?
15. What will still happen if we H.A.L.T.S.?
16. What can be achieved and what cannot?
17. What can we reach and awaken within ourselves?
18. What choice do we seem to have and what seem beyond our conscious control?
19. What does our very nature seem to predetermine?
20. We will be able to follow the necessary path to a better life if we do what?
21. What tools do we use to maintain what we stride for?
22. What is proportionate to our desire for change?
23. What should we remember even though we will never be ready to have all defect removed?
24. How is life without these defects?
25. How do we learn that we are growing?
26. Life with these defects may cause what?
27. What do we decide and envision?
28. What do we do when we recognize our defects?
29. What do we feel the Six Step is?
30. What will we become ready to do?
31. Why will we need to go back to Step Six?

**STEP SEVEN: We humbly asked Him to remove our shortcomings.**

1. How do we know we have arrived at the Seventh Step?
2. What did we spend much of our lives not being?
3. Until we worked the First Step what happened while using?
4. In the Third Step what did we ask God?
5. Now in the Seventh Step what do we ask for?
6. What is the Key to this step and why?
7. What satisfaction did we have to have as we struggled along in our addiction?
8. Drugs were our Higher Power so what did we never think of?
9. What made up realize we couldn't handle life?
10. This admission is a glimpse of what?
11. What would we surely experience if the defects are real?
12. What will some do to show intense willingness?
13. However we want to handle it, how do we approach this Power to ask for what?
14. What should we do as soon as we feel willing?
15. When we were using did we mature and grow like a normal person?
16. How is it now that we are clean?
17. By practicing and asking for what is a sign of growth?
18. What two things do we have to realize?
19. What is our first reaction when someone points out a shortcoming?
20. If we truly want to grow what must we do and realize?
21. What did we notice about humility?
22. We take our inventory then what do we do?
23. Is this a road to pull ourselves out of the isolation and loneliness of addiction?
24. Does this come from wishing?
25. What is the main objective of Step Seven?
26. Did our will work?
27. What will happen if we fail to grasp the spiritual meaning of this Step?
28. What is the point of this Step?
29. Do the Steps work by magic? How do they work?
30. What are we trying and not trying to achieve?

**STEP EIGHT: We made a list of all persons we had harmed and became willing to make amends to them all.**

1. What are the last five Steps of Narcotics Anonymous?
2. What do the first six Steps give us?
3. What procedure does the Eight Step start?
4. The point of Step Eight is willingness, what are we willing to do?
5. What did the preceding seven steps look like? Is this one different?
6. What will we wonder once we've done it?
7. Why is Step Eight not easy?
8. What did we have to feel and perceive before we could think about people we had harmed?
9. What is this step a test of?
10. Just like in the Fourth Step what is our purpose to achieve so that we can do what?
11. What do we admit regardless of what the other person did?
12. How did we hurt them directly or indirectly?
13. What will not make us better persons; what will make us better?
14. The Eighth Step is a stride away from a life dominated by what?
15. What do we need before we can make an accurate list?
16. Is it helpful to define harm? What are some definitions of harm?
17. Can damage caused by harm be intentional or unintentional?
18. How can the degrees of harm run?
19. How do we make and face our list?
20. Are we willing to make amends? In many cases why is it not possible or practical to make amends?
21. Do we have the right to endanger another person?
22. In active addiction who was at risk of being harmed?
23. Who do many members mention?
24. What is a problem many of us must avoid that is crucial to the Eighth Step?
25. How did disassociation help with all our ideas of being a victim?
26. What is the final difficulty in working the Eighth Step?
27. What is a major obstacle in making the list and becoming willing?
28. What do we just concentrate on?
29. How do we try to work this action Step?
30. What do all action steps do?
31. What is the main thing this Step does for us?



**STEP NINE: We made direct amends to such people wherever possible, except when to do so would injure them or others.**

1. Why is it important that we take guidance in this matter of getting free of our fear?
2. What do we recommend regarding legal, financial, and medical problems?
3. What is part of learning to live?
4. How do we deal with cases beyond our means?
5. What is essential when opportunity presents itself?
6. When will amends be made?
7. How do we resolve old conflicts in old relationships?
8. How do we get rid of the old tapes playing from our past wrongs?
9. Sometimes what is a joyous occasion?
10. What can we do when people are not willing to let go of their bitterness?
11. Instead of feeling knocked down and drain how do we feel?
12. How does Step Nine help with a negative attitude, guilt, and anger?
13. Why should we not avoid this step?
14. What seems to be an impossible barrier that stands in our way?
15. We have made amends as best we could so what is the important thing to do?
16. What are 3 things about making amends?
17. Is verbal amends the only way to make amends?
18. Why is staying clean an amends?
19. Was there a lot to be done in making amends?
20. What is a part of being restored to sanity?
21. The view of people as threat to our security will be replaced with what?
22. How will we want to address people?
23. What will make our sincere well-wishers reluctant to accept our recovery?
24. What will happen in time as we remember the pain they have known?
25. If the relationship is real it will survive but what can be dangerous to our recovery?
26. What is eventual for most?
27. What is the great method of the Fellowship and what speaks for itself?
28. What will rejuvenate our will to live and match each positive move on our part?
29. By discovering and admitting our faults what is the benefit of this Step?

**STEP TEN: We continued to take personal inventory and when we were wrong promptly admitted it.**

1. Why must we live by spiritual principles and apply all steps in every area of our lives?
2. What is the truth about fear and no area of our lives?
3. In our experience what must we do continuously to prevent the disease from doing what?
4. What is Step Ten a continuation of in order to repair?
5. It helps us to avoid what?
6. If you take the drugs from a drug-crazed maniac what do you have?
7. Since our problems entail much more than using what must we recognize?
8. Now that we are clean what can we recognize about ourselves?
9. What has been a way of life and what has to be smashed?
10. What must we do if we are going to stay clean?
11. Who usually dies and who usually get to live?
12. What do we not entertain and what must we strive for?
13. What is essential that Step Ten helps us to do?
14. What are we prone to as addicts?
15. Where can many forms of the disease drive us?
16. The purpose of the Tenth Step is to answer what questions?
17. Does working Step Ten daily help check for the defects found in Step Four?
18. What does an effective inventory depend on?
19. What do we look at, practice, and consider?
20. What do we find it helpful to admit?
21. What has no place here or we die?
22. What can we do if we run into trouble during the day?
23. What must we stop, think, and remember?
24. What do we do when we get home?
25. Why do we find out how to restrain ourselves?
26. What do we remember and what is absolutely irrelevant?
27. What is our attitude here?
28. What can we addict not handle well?
29. What happens when we fall into the mode of hero?
30. What do we strive for to help us better interact with others?
31. We are not readily what as we remember partnership with who?
32. Do we get our house in order by working Step Ten while the day is fresh in our heads?
33. What do we know and feel now that the mess is cleaned up?
34. What are we warned about that has killed us?
35. What can obscure our motives? What can we used to examine our real motives?
36. If we act on negative emotion what can we do?
37. Where can love and pain keep us and can sharing with others help us?
38. We have defects, we are tested in patience and tolerance but what will give us freedom?
39. What will happen when we are spiritually fit and willing to grow?
40. What does continuing to take a personal inventory mean?
41. What do we try to do with our evaluations?
42. In the preventative part of Step Ten what is very important to do?
43. What questions do we ask that are a vaccination against insanity?
44. What is there waiting for us even though we still face human pain?
45. What is possible when we rely of who daily?

**STEP ELEVEN: We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**

1. In the Eleventh Step what do we renew from our Third Step decision?
2. What did most of us do in the beginning?
3. What sounded idiotic the first time we hear someone say it?
4. What did we think would happen if we let go?
5. Instead what did happen when we are doubtful and pause?
6. What do we find when we finally get our selfish motives out of the way?
7. What do we begin to experience with other people?
8. What does Step Eleven help us to do in the face of a problem?
9. What is the underlying principle of this Step?
10. Why is it hard to avoid doing what?
11. What do we know will happen if we pray to do God's will?
12. A person who realizes what will see why we pray only for knowledge and power?
13. What is a glimpses of God's will for us?
14. What could we only see through our limited outlooks?
15. What comes true?
16. What remarkable thing happens when we pray?
17. What do we gain by the surrender of our own power?
18. What is important through daily prayer?
19. What is easy?
20. What do we have to learn to insure our continued growth and recovery?
21. Will God force his goodness on us?
22. Is this cruelty, do we have a choice?
23. What do our efforts produce that we have never had before?
24. What will fulfill our lives?

**STEP TWELVE:** Having had a spiritual awakening as a result of these steps, we sought to carry the message to addicts and to practice these principles in all of our affairs. (206 questions in summary of Steps 1-12)

1. What idea do we find in the Fellowship?
2. Does this awakening throughout the Fellowship have things in common?
3. What do our life take on and feeling what?
4. What do we become spiritually?
5. What have our suffering cleansed us from?
6. In time what have we been guided to?
7. What is this great Step proceeded by?
8. What happened to those who try to stay clean with having had a spiritual awakening?
9. What is the journey for the ones who continue to practice these principles?
10. When we achieve this state of mind, what do we recognize by helping others?
11. Is there only one way to carry the message?
12. What is the first way we carry the message?
13. What speaks better than our words ever could?
14. What do people see and notice in us?
15. The message is what unless we live it? What happens if we do live it?
16. What is a marvelous benefit of the N.A. program?
17. Remarkably what state does the Twelve Steps guide us from and to?
18. What gift do we receive?
19. What does the presents of God's love change in our lives?
20. The miraculous change we see happening among us every day is evidence of what?
21. We attend meetings and make ourselves what?
22. What do we give freely to our fellow addicts?
23. If we do not shirk and eagerly wade in and work to stay clean what will happen?
24. Does helping others work and why do we do these things?
25. What spiritual principle do we practice of reaping what we sow in the Twelfth Step?
26. What do we replace the old habit of using drugs with?
27. What can a member with 1 week in the N.A. Fellowship say to a newcomer?
28. What can we say when we share with someone?
29. Do we go on the Twelve Step call alone to carry the message to a suffering addict?
30. Do we set ourselves up as God?
31. It is what to go on such a call; and those who do service work are what?
32. Those who have been in the pits of despair now strive to do what?
33. We do what we can to help the newcomer to make them aware of what?
34. What does experience show is the best way to help and then accompany them where?
35. What is the very principle of Step Twelve?
36. What provide much of what the practicing addict need?
37. What do we now have the opportunity to share with others?
38. What can make our life worthwhile for those of us in N.A.?
39. What does the Twelfth Step also suggest?
40. We are doing Twelfth Step work so long as we do what?
41. We no longer wish to do what and how are we attracting people?
42. How do we now service God by doing what?
43. If we have no such understanding what can we acquire from fellow addict?
44. Do the Steps end here?
45. All will be well if we do what, living just for today not in the past or future?
46. What did we learn clean?
47. What is the most important thing we can do?

48. What do we want and clean what can we see?
49. As humans what are we subject to?
50. We begin to practice spirituality by doing what each day and each night?
51. We are clean and when we become egotistical can the Fellowship reach us?
52. What do we learn and what do our newly found friends do when things get rough?
53. What can we do if we do not use and continue to maintain spiritual contact?
54. It doesn't come naturally but must what we learn to do?
55. Until we found N.A. what wasn't there to make faith work for us?
56. Now how do we channel or self-destructive energy?
57. First we learn to love, what do we later learn to put to work?
58. We must take it easy and remember what?
59. What is the only way we recover?
60. Our growth is a lifetime process, so why do we say "Keep coming back; it works"?
61. Before we can hope to recover from PMS addiction what do we believe?
62. How can faith in a Power greater than ourselves help us to recover?
63. N.A. is a spiritual program, what have our members learned?
64. How do we become more spiritual and what do we gradually change?
65. Some have profound spiritual experiences, while most of us experience what?
66. What becomes obvious to outsider regardless of which category we fit into?
67. What is our most obvious change when we rely on God? Are there other inevitable changes?
68. As new member what do we assume someone will try to do to our freedom?
69. Why is that not the case as we each build our own relationships with Higher Power?
70. What atmosphere do we operate in towards the atheists, agnostics, and religious fanatics?
71. What do we suggest strongly even though we try to avoid the arrogance of self-righteousness?
72. What have we found from our experience?
73. How do we "act as if" we believe in God?
74. How do agnostics and atheists generally start out with what three "musts"?
75. How does a spirit or energy in the meetings help us to learn from our fellow addicts?
76. Honest sharing speeds up what and who do we no longer blame for our problems?
77. We begin to make progress in solving our problems after we accept what?
78. Through open-minded effort how do we come to rely on a growing relationship with God?
79. What are 2 ways to develop our conscious contact with God?
80. Why do we do these exercises to help us begin to face life on God's terms?
81. Before throwing out and replacing our old ideas why must we re-evaluate them?
82. What is the HOW of the program used to replace old self-destruction and self-centeredness?
83. What is the most important and rewarding tool?
84. Why do we practice honesty as a firm foundation for courage in the future?
85. Is being honest a natural overnight process?
86. What are the results of being honest in situations that seem hard and difficult?
87. Why haven't we experienced gut-level honesty and how must we learn to know ourselves?
88. What is a good beginning to developing self-esteem and why?
89. The gifts of recovery come when we honestly evaluate what?
90. How did managing our own lives and what we knew about living affect us?
91. We came in sick people, what is necessary for us to learn?
92. What does being open-minded allow and where does it lead us?
93. What principle allows us to no longer make fools of ourselves by standing for non-existent values?
94. What is O.K. to learn to live our new life successfully?
95. Besides open-mindedness, what must we do to get our recovery?
96. What do we never know will happen in our efforts to stay clean?
97. Lack of what three principles in our program will kill us and make our recovery difficult?
98. H.O.W. can get us out of trouble caused by what?
99. Without this program we would be what? So we go to any length to do what?

100. We cannot help you if you come to Narcotics Anonymous to do what?
101. What changes does a closed mind or the spirit of open-mindedness produce?
102. In this Fellowship what slogans tell us about the importance of togetherness?
103. Puking and shaking in the depths of despair did we know we had a deadly disease?
104. What got us here and what helped us to stay?
105. How can addiction be compared to a lifeboat?
106. What do we share that we get our faith, strength, and hope from?
107. We get angry if someone tells us what to do, so what do we share in NA meetings?
108. What happens by telling our own story?
109. What helps in the beginning and in time to guide us in our recoveries?
110. What do we learn by sharing at attending regularly scheduled meetings?
111. Why are meeting an important part of recovery?
112. Are the people the force in the meetings that we use like medicine?
113. What protects us during all of our recovery?
114. At first how did the members in the meetings help us?
115. What happened by returning to meetings?
116. Finally throughout our lives what is one of the advantages of the N.A. program?
117. What do we experience about those us share innermost feeling rather than drug stories?
118. What happens to our superficial personalities when we tell our stories?
119. What opportunity does the recovery process of the Steps and meetings give us?
120. Will rules on the outside world apply to our new life?
121. How does expressing our need for help or sharing pain seem and feel?
122. How does sharing help from the horrors of being cut off from the human experience?
123. How do we help ourselves to stay clean?
124. What do we find as we are able to serve as God's instrument in recovery?
125. Giving what to others helps us do what we can do and not worry about what we can't do?
126. What does getting out of ourselves give us a sure way to do to ourselves?
127. Can taking risk help us to change?
128. What have we learned to do when we are in a bad place or have to make difficult decisions?
129. Are we weak when we practice humility and ask for help?
130. Sharing our mental and spiritual resources we recovering addicts find and learn what?
131. Recovering addicts take pleasure in helping addicts, but where does recovery come from?
132. What should we use in the course of carrying the message to help others?
133. Released from defects how do the Steps guide us into our place in society?
134. Our viewpoints have changed and we emerge as what?
135. What do we emphasize and trust our Higher Power to do?
136. Why must we remember to be grateful when going through our share of difficulty?
137. When faced with impossible situations is it my responsibility to ask for help?
138. Without major problems, serenity not prayed for, or desperation do we want to change?
139. What must we realize when we accept that we are responsible for our problems?
140. Being clean is abnormal but what does it take clean time to realize and remember?
141. What happens when we help others?
142. What happens when our attention focuses on solutions and the compulsion use is lifted?
143. Working steps how do we begin to see, find, and redefine ourselves?
144. As we put spiritual living first what are we released from?
145. Each day we stay clean what is a wonderful fact of our recovery?
146. Since we live clean the old compulsions fade and what becomes possible?
147. What happens to our forgotten dreams that were obscured by our addiction?
148. What is necessary if we want to reap the benefits of staying clean?
149. What hidden driving forces may continue influencing our lives?
150. We found it important to examine what places and areas we didn't want to question?
151. What good qualities did we examine?
152. What seemed impossible for us to understand until we knew it?
153. There are no exceptions---everything we know about the truth is subject to what?

154. Another desirable quality is love. What do we love in this paragraph?
155. Can we think of love as a shield or a weapon?
156. When do we feel protected and uplifted by love?
157. What helps us to become stronger and better able to meet life's trails?
158. How does developing a loving attitude help us in dealing with other people?
159. Where did we learn this kind of unconditional love?
160. Self-love which is totally alien started through the love we received from where?
161. Knowing the truth about ourselves brings a sense of what?
162. Now that we are beginning to love ourselves, what is different from in the old days?
163. What happened when our egos controlled us to compete with others?
164. We had no idea who we were, was it wise to compare ourselves with others?
165. What seems to hold the only answers to all of our ego-trips and insecurities?
166. Daily when we sincerely live and use this program of action what happens?
167. What assures us that we can go anywhere and do anything?
168. Do we have a real basis for living happily?
169. What point did the Twelve Steps lead us to?
170. What happens by practicing the N.A. principles in all our affairs?
171. What did the word Humility mean in the days of our active addiction?
172. When we put our recovery first what do we begin to actually want?
173. The best results in staying clean comes from what?
174. After facing ourselves in the inventory steps what happens to our irresponsibility?
175. For the inspiration of the newer members what is important to learn?
176. How do we maintain and atmosphere of confidence?
177. What is absolutely necessary for our survival?
178. Who is seldom bothered by gossip?
179. Our lives are open-books so why do we no longer need to put up a front?
180. What do we need to draw on into our everyday lives?
181. We learn to use these teachings as a basis for living to help to do what?
182. What important concepts help when we forget to keep things simple?
183. Why do we need slogans to help us with patience?
184. We set up ourselves for defeat so why do we become willing to lower our goals?
185. How does our impatience affect what we expect?
186. Unfortunately what do we not all lose even after we stop using?
187. To live happily what must we learn to live?
188. What habit do we need to develop in accomplishing and acquiring things?
189. After a while we gradually start raising our goals, how do we insure our success?
190. What is a quality for us to shoot for?
191. Humility as an attitude leads to what?
192. As we recognize our own humanity our new humility goes hand in hand with what?
193. How do we rid ourselves of one of our greatest enemies?
194. Can we use our will-power to deal with people we have hatred toward?
195. What are the benefits of forgiving our enemies?
196. We are free to improve ourselves as we start to see what?
197. What little exercises can we do in tolerance?
198. What is the best revenge over a manipulative unpleasant person?
199. If we really believe that person is wrong, we have no business doing what?
200. What are we responsible for and can we change other people?
201. What qualities are aspects of acceptance?
202. What goes forward to the new member?
203. What are symptoms of the mental part of our disease?
204. As the disease progresses what happens to the practicing addict?
205. Why do we seek the company of our fellow addicts?
206. What becomes our main activity as drugs consume us?





# THE TWELVE TRADITIONS

**TRADITION ONE: "Our common welfare should come first; personal recovery depends on N.A. unity."**

1. What does our first tradition concern?
2. What is one of the most important parts of our new way of life?
3. Our survival is directly related to what?
4. What efforts were unsuccessful for us before coming to N.A.?
5. What can this program do for us?
6. What did the program give us as we saw it work in the lives of other addicts?
7. When we became part of a group what did we learn?
8. For our own good what do most of us agree?
9. Most of us never experienced such care, however is the group shoved down the individual's throat?
10. What are we accepted for?
11. What is precious to the group?
12. Can anyone revoke our membership?
13. How are we taught and who do we learn from?
14. What did we find here that was different from in our addiction?
15. Why do we choose to conform?
16. As a group how do we differ from member to member?
17. What did we need to convince ourselves of and try to prove?
18. What was a lie and the results were disastrous?
19. What did we find?
20. What is the primary point of unity for the Fellowship?
21. Do we share common themes in addiction and in our recovery?
22. What has each of us learned to depend on?
23. What is our purpose?
24. Why do we have the Traditions?
25. What we share is a point of what?
26. Is unity real in Narcotics Anonymous?
27. Do we have our disagreements and differences of opinions?
28. Time and time again what have we seen when the chips are down?
29. What 3 things have we often seen?
30. What would happen without these activities in our fellowship?
31. What would happen without N.A.?

**TRADITION TWO: "For our Group purpose there is but one Ultimate authority – a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern."**

1. Our Second Tradition is an example of what?
2. What do we seem to be by nature?
3. Learning what is an important part of our recovery?
4. What program do we have to replace?
5. Our best ideas got us here so what did we learn in early recovery?
6. Despite our original intent where did our schemes and plans get us?
7. We were powerless and could not do what?
8. Where we consistently capable of making good decisions?
9. What made us experience a sort of gut-level panicky feeling?
10. Who reassured us "Don't worry" God takes care of addicts?
11. This is a spiritual program and who do we rely on rather than what?
12. For what purpose do we continue our relationship in working the Steps?
13. He will express Himself on a group level if we each do what?
14. If we take time to meditate when a decision needs to be made what will be the results?
15. What do we forget when our decisions don't work out very well?
16. What must we be constantly on guard for when what creeps into our efforts?
17. There is often a vast difference between what?
18. Some of our most painful growing pains have come as a result of what?
19. What have our experiences shown us about our decisions?
20. Instead of taking group conscience what do we take?
21. What did some groups take votes and decide?
22. Did we make bad decisions and pawned them off as Group conscience?
23. What worries many of us?
24. What is the truth about true spiritual principles and conscience that help guide us?
25. What must we try first whenever faced with a group decision?
26. If we take another look at our decision what do we make sure it's not in violation of?
27. Is this approach foolproof?
28. The Second Tradition is also concerned with the nature of what?
29. We rest authority in the spiritual conscience trying to prevent what?
30. For our Fellowship what leadership works and what fails?
31. How do we choose to not designate our trusted servants?
32. What titles imply service rather than control?
33. What happens if a group becomes an extension of a personality?
34. This is an agonizing process but the group must do what?
35. What happens to those who stay?
36. What is our groups most precious asset that can be lose to politics and personalities?
37. Those involved in service for a long time have a hard time doing what?
38. Most of us come in with poor self-image and low self-worth so what gets in the way?
39. What feelings do we begin to enjoy with time and some successes?
40. When we begin to pursue recognition and attention do we find ourselves in trouble?
41. What do we learn with more time and maturity as we grow in humility?
42. Sometimes fear causes what problems in turning over responsibility?
43. We tried to get others involved when we were afraid of change who are we playing?
44. Our friends tell us to work the Third Step in these cases who must go and grow?
45. What is another situation which causes leadership problems?
46. Is change especially hard when a group is afraid to let their leaders step down?
47. What must the leader himself do that goes against the grain?

48. What does it request to refuse to lead because it's not what is best for the group?
49. What good feelings makes those involved in service unaware of these problems?
50. Being just another member cause what mixed feelings?
51. They deny their leadership and find a degree of what?
52. What do they truly accept?
53. They also accept what and become what for the group?
54. At this time their long service does what by example?
55. What do they provide upon which our Fellowship can grow?

**TRADITION THREE: "The only requirement for membership is a desire to stop using."**

1. This Tradition is very important to who and related directly to what?
2. What is desire?
3. What one painful fact has emerged again and again?
4. Why is it that the only thing we ask our members is that they have this desire?
5. We have only one requirement - Should recovery discriminate?
6. What does our disease not recognize?
7. What is an addict?
8. What is the lifeblood of N.A.?
9. If they want to stop using do we care who or what they are?
10. If rejected by some type of membership requirement would many of us be alive today?
11. Originally we came for many reasons but for what reason did we stay?
12. We only came for relief did we even know addiction was our problem?
13. What did we find out after we came to N.A.?
14. Is membership in N.A. automatic?
15. Who can become a member?
16. Who are we and what is our problem?
17. Some don't clearly fit in our fellowship so where are most newcomers led?
18. What do these people become when they single out the fellowship they are comfortable in?
19. What is our primary purpose?
20. Do we support members with a drug abuse history who finds recovery in other fellowships?
21. What would not be keeping with our spiritual aim?
22. Are we mutually supportive or do we compete with other twelve step fellowships?
23. Recovery is more than what?
24. What do we encourage newcomers to do who have trouble finding a fellowship that fits?
25. What might they ask themselves?
26. What three questions can members who are uncertain where they belong ask themselves?
27. What do we suggest? Can we carry any message that is not our own?
28. Who does the choice of membership rest with?
29. What is the ideal state for our fellowship?
30. What can we do to make an addict stop using?
31. What have we learned is a reality?
32. What do we know and do we hope when we open the doors to addicts?

**TRADITION FOUR: "Each group should be autonomous, except in matters affecting other groups, or N.A. as a whole."**

1. What is one of our most precious group possessions?
2. What does autonomous mean?
3. Is each group truly self-governing?
4. Can a group exist and stand on its own two feet?
5. Is this really true?
6. Are these services we use to further our primary purpose N.A.?
7. What is Narcotics Anonymous?
8. What is not N.A.?
9. Is it up to the group to choose to accept these services?
10. Why have some taken offense to this?
11. Why do we ask groups to register?
12. What is in the starter kit?
13. We don't have to take the suggestion but what must we abide by to be call ourselves N.A.?
14. What are these Traditions?
15. Does the group exist without these Traditions?
16. Is it really up to the group to choose for themselves?
17. Is creative freedom also a part of N.A. autonomy?
18. The group has the right to act on its own to establish what?
19. Is autonomy a carefully guard precious principle?
20. Is it true we can do whatever we decide to do regardless of what anybody says?
21. Each group does have complete freedom except for when?
22. Autonomy can be a two-edged sword so what is important as autonomy itself?
23. In the past what has group autonomy been used to justify?
24. Spiritual principles are never in conflict with what?
25. What does it mean if a conflict or contradiction exist?
26. What must we be careful that our actions do not do?
27. All will be well if we check what as a simple rule of thumb?

**TRADITION FIVE: "Our primary purpose is to carry the message to the addict who still suffers."**

1. What questions arise from this tradition?
2. What is certainly true for our individual members?
3. Groups aren't addicted so what can our groups do?
4. What is the purpose of this Tradition?
5. We achieve this by doing what?
6. The addict can count on us if each and every group focuses on doing what?
7. What makes recovery possible for us?
8. Is it a coincidence what the Twelfth Step says in our personal program?
9. Is the therapeutic value of one addict helping another one of our most powerful tools?
10. How does the newcomer find out about N.A. and how to stay clean?
11. What is the most perfect vehicle we have for carrying the message?
12. When a member carries the message it is bound by what?
13. What is the problem with literature?
14. In our groups with all personalities what is a recurring theme and reality?
15. What would happen if our groups had other primary purposes?
16. What would happen if we concentrated on money, social, education, and medical help?
17. What would happen if our group purpose was anything other than carrying the message?
18. What is our message?
19. What does our message promise?
20. When all is said and done as a group what is all we have to give?

**TRADITION SIX: “An N.A. group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.”**

1. What does the Sixth Tradition tell us we must do?
2. We ought never to do what?
3. Then what are we warned?
4. Is our policy of nonaffiliation important?
5. What is unfortunate about this Tradition?
6. What is the first thing a group ought never to do?
7. What does endorse mean? I can be either what?
8. Do we see direct endorsements in T.V. and in writing?
9. Direct endorsements are used to do what?
10. What is an indirect endorsement?
11. Do implied endorsements occur in our stories?
12. What is the more obvious next thing we ought never to do?
13. What is the third thing we ought never to do and what does it mean?
14. What does it also mean if we had allowed this?
15. These are what in the Sixth Tradition?
16. Does this tradition tell us “who” a related facility is?
17. People are easily confused so what might a related facility be?
18. What about Recovery Houses?
19. Should we differentiate the most confusing existences of the clubhouse?
20. What is the second “who” outside enterprise mean?
21. Most are pretty straight forward but when it comes to what we have problems?
22. Narcotics Anonymous is not what?
23. Narcotic Anonymous is separate what is our relationship with them?
24. The use of literature of another fellowship in our meetings constitutes what?
25. What may happen if we do what we ought never to do?
26. What are some other things that can divert us from our primary purpose?
27. What shuts us off from our spiritual aim?
28. These are the sort of things we get involved with until what happens?
29. For the individual and the group this type of abuse can be what?
30. What happens when we as a group waver from our primary purpose?
31. What amazes us about the Sixth Tradition?
32. What can we see?



**TRADITION SEVEN: "Every N.A. group ought to be fully self-supporting, declining outside contributions."**

1. For the individual in our new way of life what is important?
2. In our addiction what did we look to for support of ourselves?
3. As recovering addicts our dependence has shifted to what?
4. We gave up our dreams and were unable to function as human beings now find what?
5. Addict have been and are what to society?
6. We demand the right to do what as a group of addict in N.A.?
7. We could never get enough money to do what
8. What did we do to get money to fill the emptiness inside?
9. In our recovery is money often still a problem?
10. Even though we clean up the wreckage of our past how does financial security still seem?
11. We've got a lot of growing up to do what do we usually have to learn from scratch?
12. What can learning how to live be?
13. Why do N.A. groups need money?
14. What do we do with the money left over after we pay our expenses?
15. What is unfortunate?
16. What are some efforts we members sometimes do to raise funds?
17. What would happen without these efforts?
18. What is sometimes frustrating?
19. What does our poverty enable us to learn?
20. What is our policy concerning money?
21. Is there any such thing as a free ride?
22. Everything has its price regardless of intent whether the price is what?
23. If there we no strings would the price still be too high?
24. Do we charge for our services?
25. What price do we pay in our groups when members contribute more than their fair share?
26. Will we put our freedom on the line?

**TRADITION EIGHT: "Narcotics Anonymous should remain forever non-professional, but our Service Centers may employ special workers."**

1. Some have described N.A. as what?
2. What have many of our members unsuccessfully sought?
3. What did not help us?
4. What seemed to have no answers for us?
5. How do we treat the ones you can't do anything with?
6. Somehow what works?
7. What is it about us that we don't have to offer other addicts?
8. What makes N.A. the most successful program for addicts in the world?
9. What do we have?
10. What is the basis of our program?
11. Where did we get these Steps? Where did they get the steps?
12. What are the Steps based on?
13. Who else utilize these same principles?
14. Are these principles are not unique to us?
15. What are Spiritual Principles?
16. What has this program been called and why?
17. Do we carry this program wherever we go?
18. Where and when do we carry this message?
19. Why does this program fit every addict?
20. What has been a great advantage for us?
21. What is our greatest asset?
22. What do we know?
23. Can we con and look down on others?
24. What do we understand perhaps better than anyone else?
25. Why do we love and care for the addict?
26. What is our simple motivation?
27. We only do the same because we have learned what?
28. We know that recovery is what?
29. What things are we that is a reality for us as a program and motivates our survival?
30. All these things are a contradiction to traditional what?
31. Is professionalism the problem?
32. What prohibits professionals in our Fellowship?
33. Do we recognize the professional in his sphere?
34. Are N.A. members professionals outside of N.A.?
35. There's no place for professionalism in N.A. for our purpose what have we learned?
36. What is our primary purpose?
37. What do we need sometimes?
38. Volunteer work is the back-bone of service but what do some services require?
39. Most of us do not have the training required to do what?
40. What does our Eighth Tradition tell us we may do?
41. Without their help we might be unable to do what?

**TRADITION NINE: "N.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve."**

1. What does this Tradition define?
2. A lot of confusion of our Ninth Tradition is caused by what?
3. What are our members?
4. What are our meetings?
5. What are our principles?
6. What term is another point of confusion?
7. Our Step and Traditions are numbered and not what?
8. Is this the organization of our Ninth Tradition?
9. For the purpose of this Tradition what does organized mean?
10. The meaning is clear N.A. should never be run or controlled by what?
11. If we were to allow this what would surely happen to N.A.?
12. Without this Tradition organization would be in opposition to our what?
13. Would a loving God find a place within an administrative structure?
14. Can a trust servant manage and control?
15. What does Government imply and can autonomy exist in an administrative structure?
16. What are the basis of any management scheme?
17. What eliminates the possibility of autonomy?
18. Any attempt to force organization on N.A. would do what to us?
19. What else does the Ninth Tradition go on to define?
20. Who are the boards and committees directly responsible to?
21. Based on our service structure are these entities a part of Narcotics Anonymous?
22. What does our service structure consist of?
23. Each of these through the service structure are directly responsible to whom?

**TRADITION TEN: "N.A. has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy."**

1. As obvious in our history what must Narcotics Anonymous be in order to achieve our spiritual aim?
2. We were founded in 1953 what happened for twenty years?
3. What did society realize in the 1970's?
4. Along with this came change that allowed addicts to seek?
5. What is springing up in many places that recovering addicts have paved the way for?
6. What is the N.A. Fellowship today?
7. If we were not heard of or people were unaware of our existence what cannot happen?
8. What is one of the most important things we can do to help our primary purpose?
9. We will surely grow if we do what?
10. Why were we led to addicts?
11. What speaks for itself and what protects us?
12. What does our Tenth Tradition specifically do?
13. What does this Tradition say?
14. We don't do what?
15. What would we invite if we participated in the politics of society?
16. Would it affect the way they see us if some agree and some disagree with our opinions?
17. Is it a high price to pay for taking sides in society's problems?
18. To survive why do we keep ourselves apart from outside issues?

**TRADITION ELEVEN: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.”**

1. This Tradition also deals with what?
2. What two things does it tell us how to do?
3. This has meaning for dealing with what?
4. What have we learned the value of when we work with other addicts?
5. What is most obvious in our live and in a sense we are what?
6. When working with a newcomer what do we try to tell them?
7. If they want what we have to offer is that attraction?
8. We never promised anything except what?
9. To make any other promise would distract from what?
10. What should we never misrepresent?
11. Is it hard to make promises?
12. What would happen if we offer things other than recovery?
13. But how many would what without ever having a chance to find recovery?
14. What is promotion?
15. We don't use what to encourage addicts and to make ourselves more acceptable?
16. What speaks for themselves?
17. What does the Eleventh Tradition also tells us we need to do?
18. What do most of us interpret that to mean?
19. What could happen?
20. What is personal anonymity?
21. No one member is N.A. and where should no member place themselves?
22. Each of us have our own story and we do not have what type of members?
23. How are we individually and as a Fellowship?

**TRADITION TWELVE: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."**

1. What is more inter-related than our Steps?
2. What binds the Twelve Traditions together?
3. What has become like a cliché?
4. What is the whole basis of the program?
5. When does the awakening to anonymity occur?
6. What is anonymity?
7. How is the First Tradition a direct application of anonymity?
8. What oriented thinking results in unity?
9. Unity is a direct result of what principle?
10. What does the Second Tradition talk about?
11. The authority is invested in whom?
12. What counts and our leaders are what?
13. Does the Third Tradition define our members?
14. We only insist on what?
15. Why is desire crucial to our program?
16. In Tradition Four what would happen without group autonomy and Anonymity?
17. What would result if groups started competing?
18. Does our Fifth Tradition primary purpose bind our groups together?
19. Does our groups' spiritual aim make it possible for an addict to depend on us?
20. What does Tradition Six tell us we ought never to do?
21. To violate and lose our anonymity would divert us from what?
22. What does the Seventh Tradition guarantee each member?
23. What do we reject and not allow?
24. Why does Tradition Eight not allow up to single out members as professionals?
25. What is another form of anonymity?
26. In Tradition Nine who are the service board and committees responsible to?
27. Who are they not responsible to?
28. In Tradition Ten why do we have no opinion on outside issues?
29. What can cause anonymity to fade?
30. In its own way what is consistency of action?
31. In Tradition Eleven how do we use personal anonymity to relate to the outside world?
32. What would be a violation of anonymity?
33. What right is given to the addict in attraction rather than promotion?
34. What is everywhere in our Traditions and our Fellowship?
35. Why does the existence of anonymity protect us from personalities?
36. What does anonymity in action make impossible?

